

Trainingszeiten in Ottenburg

Zeiten

Dienstag

Donnerstag

11.00 - 11.45

Tai-Chi

Tai-Chi

16.00 - 16.45

Karate Minis

Karate Minis

17.00 - 18.00

Karate Kids

Karate Kids

18.15 - 19.00

Bo-Robic

Bo-Robic

19.00 - 20.00

Karate Erwachsene

Karate Erwachsene

20.00 - 20.30

Freies Training

Freies Training

20.30 - 21.15

Tai-Chi

Tai-Chi